

Gratitude to Nature

1. Gratitude to Ocean

On behalf of humanity, we thank you, divinities who govern the ocean. We thank you, dear ocean.

Our lives are sustained by you from day to day.

We thank you from our hearts for your limitless blessings. We thank you for your infinitely flowing waves that resonate the will of the universe.

Dear ocean, let us be one with you again.

May Peace Prevail on Earth

We thank you, divinities who govern the ocean.

2. Gratitude to the Earth

On behalf of humanity, we thank you, divinities who govern the earth. We thank you, dear earth.

Our lives are sustained by you from day to day.

We thank you from our hearts for your infinite blessings that bear, nourish, and enliven all lives.

May Peace Prevail on Earth

We thank you, divinities who govern the earth.

3. Gratitude to Mountains

On behalf of humanity, we thank you, divinities who govern the mountains. We thank you, dear mountains. Our lives are sustained by you. We heartily thank you for your infinite blessings.

Please forgive the selfish behavior of human beings, who overlook your profound spirit. Please ease the tremblings that urge us toward our awakening through eruptions, explosions, and landslides, and let us be one with you again.

May Peace Prevail on Earth

We thank you, divinities who govern the mountains.

4. Gratitude to Food

On behalf of humanity, we thank you, divinities who govern food. We thank you, all dear food.

Our lives are sustained by you from day to day.

Please forgive humanity's selfishness, discontent, and lack of appreciation of food. We heartily thank all food for animating our lives with the precious gifts of the universe.

May Peace Prevail on Earth

We thank you, divinities who govern food.

5. Gratitude to the Physical Body

On behalf of humanity, we thank the physical body.

Without the physical body, perfect peace cannot be realized in this world. We respect, love, and cherish our physical body as a holy divine vessel and manifestation.

May Peace Prevail on Earth

May the physical body's divine mission be accomplished.

6. Gratitude to Water

On behalf of humanity, we thank you, divinities who govern water. We thank you, dear water.

Without you, we could not live. Please forgive the foolishness of defiling you with the boundless greed of human beings. We heartily thank you for your precious existence and functions.

May Peace Prevail on Earth

We thank you, divinities who govern water.

May the divine missions of water be accomplished.

7. *Gratitude to Plants*

On behalf of humanity, we thank you, divinities who govern plants. We thank you, grass, flowers, trees, and all dear plants.

Our lives are sustained by you and we are comforted by you. We heartily thank you for your infinite blessings. Please forgive the thoughtless behavior of human beings, who fail to discern your gentle spirit.

May Peace Prevail on Earth

We thank you, divinities who govern plants.

8. *Gratitude to Animals*

On behalf of humanity, we thank you, divinities who govern the animals. We thank you, insects, fish and shellfish, reptiles, birds, mammals, and all dear animals. Our lives are sustained by you and we have prospered through you. We heartily thank you for your infinite blessings. Please forgive the unfeeling behavior of human beings, who ignore your profound spirit.

May Peace Prevail on Earth

We thank you, divinities who govern animals.

9. *Gratitude to Minerals*

On behalf of humanity, we thank you, divinities who govern minerals. We thank you, rocks, stones, coal, petroleum, and all other dear minerals.

Our lives are sustained by you from day to day.

We heartily thank you for your infinite blessings. Please forgive the irresponsible behavior of human beings, who are unaware of your profound spirit.

May Peace Prevail on Earth

We thank you, divinities who govern minerals.

10. *Gratitude to Heavenly Phenomena*

On behalf of humanity, we thank you, divinities who govern heavenly phenomena. We thank the laws of heaven for the movements of the galaxies, planets and stars. We thank rain, the wind, the snow, the clouds, the stars, and all other heavenly phenomena. Please forgive the ungrateful behavior of human beings, who fail to discern your limitless spirit.

May Peace Prevail on Earth

We thank you, divinities who govern heavenly phenomena.

11. *Gratitude to Air*

On behalf of humanity, we thank you, divinities who govern the air. We thank you, dear air, for renewing our lives. We are sustained by you from moment to moment. Please forgive the foolishness of defiling you with the careless behavior of human beings.

May Peace Prevail on Earth

We thank you, divinities who govern the air.

12. *Gratitude to the Sun*

On behalf of humanity, we thank you, divinities who govern the sun. We thank you, dear sun.

You cheer and sustain us from moment to moment. Without you, all life on earth would be unable to live. We heartily thank you for your limitless blessings.

May Peace Prevail on Earth

We thank you, divinities who govern the earth.